

## **Course Curriculum**







### **Advanced Skills On Parenting**

#### **Course Description:**

Parenting is tough and mistakes made in a moment can take years to repair. Therefore, learning the skills of effective parenting will be one of the most worthwhile ventures you have ever pursued. Chartered Skills has studied family relationships for many years and developed a time-tested set of tools to help parents succeed in raising responsible, emotionally mature children. Replete with examples and case studies, his time-proven course gives you concrete strategies you can immediately put into practice. We know that good communication is at the heart of a healthy family. But so often our natural tendencies are to either overcontrol or cave-in and overindulge our children. Either way, our children either fail to learn from their experiences or grow in emotional maturity and self-responsibility. Chartered Skills will teach you parenting skills to establish loving authority in your home, put an end to conflict and power struggles, and communicate with your children (from toddlers to teens) in ways that solve problems, build trust, enhance self-worth, and help your children learn personal responsibility. Are you ready to start the journey? In this regard, to create an expert, chartered skills have brought a comprehensive course, combination of technical knowledge.

#### **Course Requirements:**

- You will want to have a pdf reader program to download the worksheets as well as new worksheets which will be added to this course in the days to come.
- Become familiar with the Udemy course interface (i.e. Notes Panel, Discussion Section, etc.)

#### What you'll learn:

- · Establish loving authority in your home
- · Create conditions to open up communication and build trust
- Build an atmosphere of harmony rather than criticism, bickering, or putdowns
- · Resolve disagreements and conflicts constructively and without power struggles

- · Give up parenting habits that destroy self-esteem and weaken relationships
- Teach your children to assume responsibility for their feelings and actions
- Set limits and enforce discipline without being heavy-handed

#### Who this course is for:

- This course is for parents (toddlers to teens) who need tools and skills to build happier relationships and emotionally healthy children.
- Any parent who needs new strategies for appropriately dealing with a child or teenager.
- New parents who want to raise successful, responsible children.



# **CONTACT US**





Begum Rokeya Sarani, Mirpur, Dhaka-1216



+8801321-173485, +8801321-173486



info@charteredskills.com



/charteredskills



/charteredskills

/charteredskills

/charteredskills



/charteredskills

All Right Reserved © 2021 Chartered Skills Ltd.